December 2024



Sign up for classes by scanning the QR code

	Monday	Tuesday	Wednesday	Thursday	Friday
2		3	4	5	6
_	Steak with Brandied		Wellness Wednesday Collab	3	Easy Holiday Baking:
	Sour Cherry Sauce	Newar Chatamari	Tea Poached Salmon	Peruvian Chicken &	Apple / Pear Puff Pastry Desserts
	11:00am - 11:30am	11:00am - 11:30am	with Mushrooms & Wild Rice	Tomato Avocado Salad	Virtual 11:00am - 11:30am
	12:30pm - 1:00pm	12:30pm - 1:00pm	11:00am - 11:30am	Tomato Avocado Satau	Virtual 12:30pm - 1:00pm
l	12.30piii- 1.00piii	12.30рт 1.00рт	Virtual 12:30pm - 1:00pm	11:00am - 11:30am	VIItuat 12.30piii- 1.00piii
			Superfood Spotlight	12:30pm - 1:00pm	
9		10	11	12	13
	Ethiopian Doro Wat	Thai Lemongrass Pork	Creamed Spinach & Mushroom	Maple Glazed Chicken &	Holiday Sugar Cookies
	Spice Braised Chicken	Chop & Coconut Rice	Baked Eggs	Maple Ginger Delicata Squash	
	11:00am - 11:30am	11:00am - 11:30am	11:00am - 11:30am	11:00am - 11:30am	Virtual 11:00am - 11:30am
	12:30pm - 1:00pm	12:30pm - 1:00pm	12:30pm - 1:00pm	12:30pm - 1:00pm	Virtual 12:30pm - 1:00pm
	Kwanzaa			National Maple Syrup Day	
16		17	18	19	20
10	Holiday Party:	Holiday Party	Wellness Wednesday Collab	Hanukkah Tzimmes	Holiday Party Sangria &
	Pigs in a Blanket	Crispy Potato Latkes	Spiced Lentil & Caramelized Veg	Inspired Braised Chicken	Mulled Cider or Wine
	11:00am - 11:30am	11:00am - 11:30am	Bowl with Yogurt & Herbs	11:00am - 11:30am	Virtual 11:00am - 11:30am
	12:30pm - 1:00pm	12:30pm - 1:00pm	11:00am - 11:30am	12:30pm - 1:00pm	Virtual 12:30pm - 1:00pm
	•		Virtual 12:30pm - 1:00pm		· · ·
			Immune Boosting Foods	Hanukkah	National Sangria Day
23		24	25	26	27
	Holiday Dinner: Steak with	Holiday Party Bites:		Holiday Party Bites:	Decadant New Years Dinner:
	Crispy Smashed Potatoes	Seared Halloumi & Citrus Olives	closed for Holiday	Gruyere and Mushroom Tart	Pistachio & Parmesan Crusted Lamb
	11:00am - 11:30am	11:00am - 11:30am		Virtual 11:00am - 11:30am	Virtual 11:00am - 11:30am
	12:30pm - 1:00pm				
20		24			
30		31			
	New Year's Fondue Party	Smoked Salmon Quiche			
	11:00am - 11:30am	11:00am - 11:30am			
	12:30pm - 1:00pm				